National programme for Prevention and Control of Cancer, Diabetes, Cardiovascular diseases & Stroke (NPCDCS), Punjab

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Health & Family Welfare

NPCDCS Programme during FY 2020-2021

• SCREENING OF NCDS:

- **Door to Door screening of 30+ populations** for Cancer, Diabetes and Hypertension 548368 individuals have been screened out of which approximately 11% found suspected for diabetic, 14% for hypertension.
- Opportunistic screening of 30 years + Population at established NCD Clinics at every DH, SDH and CHC-In FY 2020-21, 784951 individuals have been screened for NCDs out of which approximately 11% diagnosed with diabetes, 15% with hypertension and 0.22% with cancer.
- **STROKE SERVICES:** 9 Stroke Ready Units have been established in 3 Government Medical Colleges Amritsar- Faridkot and Patiala and 6 District Hospitals- Bathinda, Fazilka, Jalandhar, Ludhiana, Mohali and Sangrur remaining districts, stroke ready units will be established soon.

IEC-BCC ACTIVITIES

- 1. As the field activities were restricted, the awareness was created through mass-media and our frontline workers working in the community. State NCD Cell has created awareness messages to reach the population through IEC/BCC tools like Newspapers, FM Radio etc.
- 2. A Letter (Chitthi) has been designed to convey a direct message of Healthy Diet and lifestyle along with the importance of regular medicine and check-ups- to all Hypertensive and Diabetic patients of the State
- 3. 1000 copies of Table Calendar with motive to spread NCD related awareness have been printed and distributed to OPD's, Deputy Commissioner's office and District education authorities.
- 4. Dedicated health days related to NCDs are being celebrated to create awareness among general public
- 5. Celebration of World Cancer Day 4th February 2021- World cancer day was celebrated in all districts with the awareness campaigns & screening camps being organised.

Mukh- Mantri Punjab Cancer Rahat Kosh Scheme

- 1. 1st State in the Country to Provide Cashless Cancer Treatment.
- 2. This scheme has started since 2011.
- 3. Financial assistance up to Rs. 1.50 Lakhs (One lakh fifty thousand) is provided for the treatment to each cancer patient registered under this scheme. All those Cancer patients who are resident of the Punjab State are eligible under this scheme. Till date financial assistance of Rs. 873 Crores has been sanctioned to 65765 cancer patients.

Special Projects of NPCDCS Punjab focused on diabetes management:

- IHCI- India Hypertension Control Initiative focusing on Hypertension Control: It is an important component of NCD Services in the State. It was launched as IHMI in 10 districts of the State in January 2018
- I-TREC (Integrated Tracking, Referral, Electronic Decision Support and Care Coordination) in 2 blocks of District SBS Nagar focused on Diabetes management.
- ICMR-STEMI Project: Department has initiated a STEMI Project aimed to study "the impact of Tele-ECG based integration of primary and secondary care centers with tertiary hospitals for decision making for thrombolysis in STEMI patients" in District Patiala and Ludhiana. Now this project will be expanded to 5 more districts namely Fatehgarh Sahib, Hoshiarpur, Ropar, SAS Nagar and SBS Nagar.
- Clinton Health Access Initiative (CHAI): Cervical Cancer screening project:
 The Health Department has collaborated with WJCF for project "Preventing deaths from cervical cancer by catalysing the use of optimal screening test and treatment devices "in Punjab State as a Pilot Project.